



RTO No. 32461

TLID0020 Shift Materials Safely using Manual Handling Methods

This unit involves the skills and knowledge required to shift materials safely using manual handling methods. It includes assessing the risks associated with relocating the load, planning the relocation process and carrying out the relocation in accordance with the plan. Work must be carried out in compliance with the relevant Work Health and Safety (WHS) and Occupational Health and Safety (OHS) Regulations concerning the manual handling and movement of loads.

Course Content Summary

- Legislation, Regulation and Standards
- Identifying work requirements including WHS Legislation
- Risk Assessment and hazard control strategies
- Personal Protection Equipment (PPE)
- Risk factors to consider
- Practical lifting and stretching session
- Key components to safe lifting



Course Details

Cost:

\$150.00 per participant

Payment Options:

Cash / MasterCard & Visa / Debit Card

Duration:

½ day (Approx. 4 hours)

Clothing:

Long Pants
Work Shirt (No Singlets)
Covered Shoes (No thongs)

Refreshments:

Complimentary tea, coffee and biscuits
Fridges and microwaves available for participant use

Location:

Dawsons Training
Gate 2: 50 Greenbank Road, Aeroglen QLD

Outcome:

Statement of Attainment

Industry Expiry:

N/A